



GRADE 5 CAMP EQUIPMENT LIST



LABEL EVERYTHING - BACKPACKS, SLEEPING BAGS - EVERYTHING!!!

PACKS AND SLEEPING

- Large backpack (NOT A SUIT CASE)
- Sleeping bag (warm) - *Preferably comfortable @ 0°C
- Day pack (must have 2 shoulder straps)
- 1 x Spare large plastic bags for wet / dirty clothing
- Zip lock bags for water proofing personal items
- * Especially important for Grade 6, 7 and 8 Camps*

SMALL HARDWARE ITEMS

- *Headlamp / Flashlights – check battery life!!
- 2 x one Liter DRINK BOTTLES (MINIMUM!!!)
NO WATER BLADDERS OR CAMELBAKS ARE TO BE BROUGHT TO THIS CAMP
- Strong sun block – EXTREMELY IMPORTANT!!!!
- Sun glasses
- Insect Repellent
- Pencil Case
- * Especially important for Grade 6, 7 and 8 Camps*

CLOTHING

BASE LAYER

- Underwear for 3 days
- 3 x Pairs socks
- 1 x Towel
- Pyjamas
- Swimsuit (for showers) optional

2ND LAYER

- 4 x T-shirts
- 2 x Pairs of shorts
- 1 x lightweight trousers (Long)
- Good Sun Hat

FOOTWEAR

- 1 x Pair of lace up closed-toe shoes suitable for Physical Activity
- Full strap sandals (NO flip flops / Crocs)

3RD LAYER

- Sweat Tops/Jumper
- Warm, windproof jacket (Fleece is good)

OUTER LAYER

- WATERPROOF RAIN JACKET WITH HOOD (IT WILL RAIN!!!!!!)

TOILETRIES

DO BRING:

- Tooth brush and tooth paste
- Comb or Hair Brush
- Soap

DO NOT BRING:

- Shampoo or Conditioner
- Make up, Hair dryer

MEDICATION

- Any Medication be needed
ENSURE THIS IS RECORDED ON THE SIGNED MEDICAL FORM
All medication both prescription and non-prescription MUST be handed to WAB Wild staff before departing for the expedition.