

GRADE 5 CAMP SURVIVAL ISLAND



IN-SCHOOL PREPARATION

- Monday 6th May Tuesday 7th May Parents Meeting 6pm Founder's Theatre
- Camp information & equipment video available online
- Monday 13 Thursday 16 May Teaching 2 lessons of camp preparation
- Friday 17th May Tribal Bonding Assembly (120 Mins)
- Wednesday 22nd May Friday 24th May Grade 5 Camp

PILLARS

- **ADVENTURE:** Appreciate the value of adventure activities for personal development
- **BALANCE:** Develop an appreciation of the need for **BALANCE** in nature and in our lives.
- SAFETY: Understand importance of personal organization and group safety

OBJECTIVES

- **TRANSITION** How change can affect people leaving Elementary School and starting in Middle School
- **TEAMWORK** Working together as a group to achieve success in every
- **RESPONSIBILITY** For personal organization/safety and group safety

DAY ONE THEME "TOGETHER WE FLY FURTHER"

- Focus on working together 10 or 11 individuals become 1 Tribe
- Each tribe will complete 5 challenges.
 - Challenge Cycle
 - 6 C's of teamwork

Tribes will carry a Tribal Booklet and be evaluated by the teacher in charge at each challenge.

- After the completion of the 5 challenges there will be a collective debrief.
- Each tribe will then complete the Mountain Challenge (a more physical set of activities)

The Mountain Challenge will have 6 checkpoints. At the completion of each check point the tribe will receive a card. After collecting all the cards they will solve a puzzle on the back (6 C's of teamwork)

DAY TWO THEME "CONNECT THE DOTS"

- *Connect the Dots*' means that the tribes need to go through every Element Challenge to achieve the overall goal. If the Dots are not connected you cannot see the overall picture.
- During this activity students will use a map to guide their tribe through an odyssey of 6 simple challenges. Each challenge will focus on the concept of *Balance in Nature*, and will explore each of the 5 Elements of Chinese culture, and a 6th Mystery Element
 - o Fire
 - o Water
 - o Earth
 - o Metal
 - o Wood
 - Mystery Element
- After the completion of each Challenge the tribe will then get a letter and an Element. After collecting every Letter and Element from the Element Odyssey, the tribe will discover the mystery Element!
- It's important to collect each Letter and Element, as it is the process for 'Connecting the Dots' to the final outcome 'BALANCE' (Feng Shui).
- All Tribes gather for debrief and discuss:
 - o Each Element Individually
 - o Balance in Nature
 - o Balance in Life
 - o Balance in our life as we become a Middle School student
 - o Balance of personalities in a Team

The Final Challenge of the Day is an Element Kingdom Game, which will reinforce the need to have all the elements to create 'BALANCE' (Feng Shui).

NIGHT ACTIVITIES

- Students will participate in night activities in their tribes.
- The aim of the night activity is to provide a low-impact experience to end each day.
- There will be 2 night activities 5 tribes per activity.
- Tribes will complete one night activity on each night.

DAY THREE THEME "GRADUATION DAY"

- The last day and the Final Challenge.
- Using the skills and the knowledge of the past two days, the Challenge Cycle and the 6 C's of teamwork the tribes will undergo the final challenge.
- Following this challenge, there will be an Awards Ceremony and the signing of the flags to complete the camp.
- This camp will give the students' the tools required to "Step up and Out"